

**How to Play:**

**Props needed:**

* 15 – 50 wiffle balls (typically 3 – 4 per person is enough)
* 4 medium sized buckets or containers of some kind (office copy paper boxes work great too)
* Enough blindfolds for half the group to use at the same time
* A field approximately 10-15 yards long and 10-15 yards wide. (The size of the field does not have to be exact. It is more important you find a space large enough for the number of people you have participating to spread out.

**Instructions:**

1. Place the containers at one end of the playing field.
2. Tell team members to pair up and distribute a blindfold to one member of each pair.
3. Place one team member on each end of the playing field with the team member without the blindfold standing near the container.
4. Once blindfolds are on, the facilitator should scatter the balls all over the field, random distances, distributing them widely.
5. The team members not blindfolded, and standing behind the containers, cannot move! They may guide only their partner, using only their voice, to pick up the wiffle balls and place them into the containers near them.
6. Once complete, switch roles and repeat.

**Facilitator Notes:**

* The facilitator can choose to add in little things, like standing in front of a blindfolded person, or moving things around for difficulty.
* The facilitator should also note how each participant is giving and receiving instructions along the way.
* Is the non-blindfolded person using a lot of detail?
* Are they being extremely intuitive in their instructions (“move left” or “move 3 paces to your left”).
* How do communication styles change during the activity?
* The point is to observe communication styles, both verbal and nonverbal. Strengths often manifest themselves most in the way we use them to convey an idea or message.

**Debrief Questions:**

* How did your strengths impact the way you gave information?
* How did your strengths impact the way you received information?
* How do communication styles change with additional resources or knowledge?
* What observable differences were there in the way team members communicated?
* What can you connect back to a behavior, based on one or more of your strengths?

**Purpose:**

This activity will allow the group to self-define, it will give them a “personality” outside the typical work environment, and it will ultimately create a memorable visual that will be a great conversation starter.

**Blindfold Ball Drop Activity Directions**

**Duration of Play:**15-20 minutes

**Number of Players:** Unlimited